



## MAACULI Cycle

**YRC** 

3.4.3 Extension Activities

#### SARADHA GANGADHARAN COLLEGE

(Affiliated to Pondicherry University)

(Recognized by UGC under Section 2(f) of the UGC Act 1956 as PG Institution)



HEALTH SERVICE FRIENDSHIP



SARADHA GANGADHARAN COLLEGE

VELRAMPET PUDUCHERRY

#### PERFORMANCE REPORT

#### 2016 - 2021

#### **TEAM**

CO-ORDINATOR: Mrs.R.A.Mageshwari, Assistant Professor, Department of Management

**Studies** 

DY.CO-ORDINATOR: Mr.N.Ganesh, Assistant Professor, Department of English

#### **MEMBER**

1.Mr.O.Sivaramachandran

Senior Accounts Officer (Retd.)

Ex. Chairman IRCS, Puducherry Branch

#### **PRELUDE**

Youth Red Cross (YRC) is a voluntary service body which supports Humanitarian help to the fellow human being in Health related services. Through service, YRC tries to prevent and ease the human suffering. It advocates mutual understanding, friendship and peace among the people. The service rendered by the students will definitely help them to develop leadership quality and personality improvement. YRC helps young adults to care other citizens.

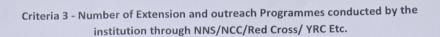
#### **OBJECTIVES**

- Promotion and protection of health and life by conducting health awareness programme
- Selfless services to the sick and suffering
- Promotion of national and international friendship
- To inculcate leadership and personality development among the students
- To make the citizen to understand civic and human responsibilities
- Donate Blood & Save Life
- To offer First Aid Training to all the YRC Volunteers

The YRC of Saradha Gangadharan College follows seven fundamental Principles

- Humanity
- Independence
- Neutrality

- Impartiality
- Volunteerism
- Unity
- $\bullet Universality$



3.4.3 Number of Extension and outreach Programmes conducted by the institution through NNS/NCC/Red Cross/ YRC Etc.										
S. No	Activities	2016-17	2017-18	2018-19	2019-20	2020-21				
1	NSS	32	66	69	36	17				
2	RRC	7	7	5	7	7				
3	YRC	14	19	12	21	12				
4	Women Cell	12	15	12	14	7				
5	Rotaract Club	9	12	17	9	13				
Total 74 119 115 87 56										





Dr. K.Uthoyosuriyon, M.Com.M.B.A.,M.Phil.,Ph.D., Principal Saradha Gangadharan College Velrampet, Puducherry - 605 004.

#### MAJOR EVENTS/ACTIVITIES OF THE CELL

- 1. Blood Donation Camp
- 2. International Yoga Day Program
- 3. Tobacco Awareness Program
- 4. Drug Awareness Program
- 5. First Aid Training Program
- 6. Orphanage Visits
- 7. Awareness Program on Voting Rights
- 8. Awareness Program on Plastic use
- 9. Awareness Program on Dengue and other diseases
- 10. First Aid Awareness Program for Public
- 11. Suicide Awareness Program
- 12. Free Eye Screening in association with Jothi Eye Care Center
- 13. Corona Awareness Program
- 14. Environmental Awareness Camp

#### **EVENTS/ACTIVITIES FOR THE YEAR 2016-17**

Sl.	Date of the	Name of the	Type of the	No.of.	(Internal &	Distinguished	Major
No	event/	event/	event/	Particip	External)	Guests	Outcome
	activity	activity	activity	ants			
1	2706.2016-	Nature	ECO Camp	29 Nos.		-	Protect Nature
	29,06,2016	Conservation			Shenbaganur		Conservation
		and Eco			,Kodaikanal		
		Development					
		Camp					
2	11.07.2016	Human Rights	Training	11 Nos.	Shenbaga	-	Values of
			Programme		Hotel,		Human Rights
					Puducherry		
3	23.07.2016	World	Skit	5 Nos.	Annai	-	Helped the
		Population Day			Sivagami		students to
		Organized by			School,		understand the
		Primary Health			Mudaliarpet		consequences
		Centre					of population
							issues

4	01.08.2016	Volunteers	Medical	12 Nos.	Vaasavi	-	Cancer
		Service	Camp		School, Muthi		screening
					yalpet		
					Puducherry		
5	06.08.2016	Campus	Cleaning	15 Nos.	Saradha	-	Help the
		Cleaning	work		Gangadharan		students of
					College,		cleaning
					Puducherry		habits
6	15.08.2016	Independence	Celebration	20 Nos.	Gypsy	-	Celebrated
		Day			Children's		Independence
					Home		day with
							orphanage
							Children
7	15.08.2016	Tree Planting	Planting	11 Nos.	Saradha	-	To make the
			Trees		Gangadharan		environment
					College,		green
					Puducherry		
8	4/09/2016	Eye Donation	Awareness	40 Nos.	Near Beach	-	Organ
			Rally				donation
9	18.10.2016-	Inter State YRC	Study camp	11 Nos.	Punchkula,	-	Social
	2410.16				Chandigarh.		understanding
10	2010.2016	Palliative Care	Field visit	14 Nos.	Ariyankuppa	-	Training on
					m,Mudhaliar		survey
					pet &		
					Uppalam		
11	27.01.2017-	Inter State YRC	Training	12 Nos.	Bhubaneshw	-	Learned the
	31.02.2017	Study cum	Camp		ar,Odisha		basic rules of
		(Won the 1st					YRC
		Prize in Group					
		Dance by our					
		Volunteers)					
12	27.01.20172	Palliative Care	Workshop	35 Nos.	SGC,	-	Awareness
	8.01.2017				Sanjeevan		

					Palliative		program
					Care		
13	17.02.2017	Blood Donation	Camp	55 Nos.	SGC, IRC	Mr.Siva	Understand
						Ramachandiran,	the value of
						Life member in	donating
						Indian Red	blood
						Cross Society,	
						Puducherry state	
						branch	
14	08.05.2017	YRC Day	YRC day	25 Nos.	Raj Nivas,	Lt.Governor	Our
			celebration		Puducherry	Kiran Bedi	Volunteers
							performed in
							Skit
							Programme

#### **EVENTS/ACTIVITIES FOR THE YEAR 2017-18**

Sl.	Date of the	Name of the	Type of the		(Internal &	Distinguished	Major
No	event/	event/	event/	No.of.	External)	Guests	Outcome
	activity	activity	activity	Partic			
				ipants			
1	01.07.2017	SGC Ideal	Sowing the	22	SGC	Mr.Sivaramachandir	to promote
		Nursery	Seed	Nos.		an, Life member in	the
						Indian Red Cross	plantation of
						Society, Puducherry	sapling and
						state branch	green
							campus.
2	15.07.2017	Noxious	Removing	25	SGC	Mr.Sivaramachandir	Importance
		Weed	the Noxious	Nos.		an, Life member in	of ground
		Removal	Weed			Indian Red Cross	water level
		Unit	(Prosopis			Society, Puducherry	
			Juliflora)			state branch	

4	26.08.2017	Independence Day Celebration  Tree Plantation	Tree Plantation Programme	100	Velrampet Lake	Honourable Lt. Governor	Celebrated the 71 <sup>st</sup> Independenc e Day with inculcating patriotism Green Environment
5	31.08.2017	Common Service	Seminar	100	Conference Hall, Saradha Gangadharan College	Mr.B.Karthik , Common Service Centre, Mudaliyarpet	Understandi ng Service like Aadhar Card, Pan Card, Passport etc
7	31.08.2017 01.09.2017	Save River Standathon on	Seminar	50	Conference Hall, Saradha Gangadharan College Mudaliyarpet	Mr.K.Vijayan, Mr.Aravinth and Team members from Isha Foundation	Able to understand Save River and water conservation Help the
		Save River	programme				students to understand the importance of 'Save River'
8	13.09.2017	Tree planting	Maintenance	30	Velrampet	-	Green
			work		Lake		Campus
9	09.09.2017	Tree planting	Maintenance	30	SGC Campus	-	Make the

	&		work				environment
	16.09.2017						green
10	23.09.2017	International Suicide Prevention Day	National Mental Health Programme	15	Mother Theresa Institute of Medical Science,	Govt. of Puducherry	Make the students to realize what is life and how to avoid
					Gorimedu, Puducherry		Suicide
11	05.10.2017	Blood Donation	Camp	23	SGC Campus	Mr.Sivaramachandra n, Coordinator of IRCS, Puducherry	23 units of Blood were donated by our volunteers
12	13.10.2017	Programme on Traffic	Awareness lecture	100	SGC Campus	Mr.Ravisankar, Motor Vehicle Inspector, Transport Department, Govt. of Puducherry	Display videos on rules and importance of traffic
13	16.10.2017	Free Eye check-up camp on Traffic	free Eye Check-up Camp	367 studen ts and faculty memb ers	SGC Campus	Mr.Sivaramachandra n, Coordinator of IRCS, Puducherry	abnormality in eye sight were advised to consult the same hospital opticians
14	26.10.2017	Distribution of Nilavembu Water	Awareness	400	SGC Campus	Mr.Sivaramachandra n, Coordinator of IRCS, Puducherry	to prevent Dengue fever to the student and faculty members
15	26.10.2017	National	Seminar	5	Mother	-	Able to

		Mental Health			Theresa		understand
		Programme			Institute of		what is
					Medical		Mental
					Science,		stress and
					Gorimedu,		how to cope
					Puducherry		with it.
16	31.12.2017	New Year	First Aid	5	Near Beach	Mr.Sivaramachandra	To prevent
		Celebration	Medical			n, Coordinator of	from
			Camp for			IRCS, Puducherry	accident
			2018				
17	13.01.2018	Pongal	Festival	20	Jwala Home,	-	Celebrated
		Celebration	Celebration		Murungapakka		Pongal
					m, Puducherry		Festival at
							JWALA
							Home for
							Mentally
							Disabled
							Child and
							Women
18	27.01.2018	Programme of	Awareness	30	SGC Campus	Dr.K.V.Raman	То
		Red Cross	Programme			(Secretary of IRCS	understand
		Movement to				cum Director of	the
		Youth Red				Health, Puducherry)	importance
		Cross					of Red
		Volunteers					Cross
							Movement
19	20.03.2018	First Aid	Training	100	SGC Campus	Team from Sabari	First Aid
		Training	Camp			College of Nursing,	Treatment
		Camp				Puducherry.	

Sl.	Date of the	Name of the	Type of		(Internal	Distinguished Guests	Major
No	event/	event/	the event/	No.of.P	&		Outcome
	activity	activity	activity	articip	External)		
				ants			
1	28.08.2018	Blood Donation	Camp	45	SGC	Mr.Sivaramachandran,	45 units of
					Campus	Coordinator of IRCS,	blood were
						Puducherry	donated by
							our
							volunteers
2	28.09.2018	Installation	Inaugurati	80	SGC	Mr.Sivaramachandran,	Students
		Programme	on		Campus	Coordinator of IRCS,	voluntarily
						Puducherry	joined YRC
							club
3	29.09.2018	Swachhata Hi	Cleaning	25	Primary	Mr.Sivaramachandran,	removing
		Seva-	Camp		Health	Coordinator of IRCS,	the noxious
		Nationwide			Centre,	Puducherry	weed
		Shramdaan			Murungapa		
					kkam		
4	15.10.2018	Free Eye and	Awarenes	450	Vasan Eye	Mr.Sivaramachandran,	abnormality
	&	Dental Check-	s Camp		Care and	Coordinator of IRCS,	in eye sight
	16.10.2018	Up			Vasan	Puducherry	were
					Dental		advised to
					Care,		consult the
					Puducherry		same
							Hospital
							opticians
5	27.10.2018	Nilavembu	Awarenes	400	SGC	Mr.Sivaramachandran,	To prevent
		Kashayam	s Camp		Campus	Coordinator of IRCS,	Dengue
						Puducherry	fever to the
							student and
							faculty
							members
6	30.10.2018	HIV	Awarenes	80	SGC	Mrs.Vidya Chandriga,	HIV

			s Programm		Campus	Lecturer, Sabari College of Nursing	Awareness
			e				
7	02.11.2018	Celebrated	Festival	20	Baby	Mr.Sivaramachandran,	Caring for
		Diwali with			Sarah's	Coordinator of IRCS,	other fellow
		Orphanage			Home,	Puducherry	human
		Children's			Puducherry		beings
		(Mentally					
		Challenged)					
8	24.01.2019	Swatch Seva	Rally	20	Sengazhani		Reduce,
		Programme			Amman		Reuse,
					kovil		Recycle
					kombakka		Of waste
					m,Puduche		products
					rry		
9	04.02.2019	First Aid	Training	100	SGC	Team from Sabari	Learnt the
		Awareness	Camp		Campus	College of Nursing,	first aid
		Program				Puducherry.	
10	06.02.2019	Dengue Source	Reduction	20	Primary	John Kumar, MLA of	Awareness
		Reduction	Awarenes		Health	Nellithope	on Dengue
		Awareness	s Rally		Center,		Source
					Muthaliarp		Reduction
					et,		
					Puducherry		
	45000000	7	<u></u>	0=			
11	17.02.2019	First Aid	Training	35	SGC	Mr.	The .
		Training Class	programm		Campus	Shanmugasundaram,	importance
			e			Indian Red Cross	of First Aid
						Society, Cuddalore	Manageme
						Branch.	nt
12	04.03.2019-	11 <sup>TH</sup> Inter State	Training	6	Karunya	Mrs. Dalphia,	Learnt
	08.03.2019	Level (National	Cum		Conference	Assistant Professor	Natural
		Level)	Study		Center,		Disaster

	Camp	Coimbator	Manageme
		e (Indian	nt
		Red Cross	
		Society),	
		Tamilnadu	
		Branch	
		Society), Tamilnadu	

#### **EVENTS/ACTIVITIES FOR THE YEAR 2019-20**

Sl.	Date of the	Name of the	Type of the	No.of	(Internal &	Distinguished	Major
N	event/	event/	event/	Participants	External)	Guests	Outcome
0	activity	activity	activity				
1	06.06.2019	Blood	Camp	51	SGC	Mr.Sivaramachandra	51units of
		Donation camp			Campus	n, Coordinator of	Blood were
						IRCS, Puducherry	donated by
							our
							volunteers
2	15.06.2019	Niba	Awareness	5	Near Bus	Mr.Sivaramachandra	Given
		Awareness	programme		Stand,	n, Coordinator of	pamphlets
		Program			Puducherry	IRCS, Puducherry	on Niba
3	16.07.2019	YRC	Inauguration	120	SGC	Mr.Sivaramachandra	Students
		Inauguration	Programme		Campus	n, Coordinator of	voluntarily
						IRCS, Puducherry	joined in
							YRC club
4	21.06.2019	International	Awareness	4	Gandhi	Govt. of Puducherry	Importance
		Yoga Day in	Programme		Statue,		of healthy
		Beach			Puducherry		life
5	21.06.2019	International	Awareness	75	SGC	Sri Ganapathi	Importance
		Yoga Day	Programme		Campus	Sachchidharianda	of living
		Programme				Gnana Bodha Sabha,	with peace
						Puducherry / SGC	
6	18.07.2019	Tobacco	Awareness	140	SGC	Dr. R.Suriya kumar.,	Adverse
		Awareness	Programme		Campus	State Consultant,	effects of
						National Tobacco	tobacco

						Control, Puducherry /	leaves and
						SGC	how to
							avoid
7	27.08.2019	Drug	Awareness	96	SGC	Dr.S.Indhira,M.D(S),	To make
/	27.00.2019	Awareness		30			realization
		Awareness	Programme		Campus	Department of ISM	
						and GH,Puducherry /	of adverse
						SGC	effects of
							drugs
8	09.09.2019	Indian System	Awareness	32	Gandhi	Govt. of Puducherry	To promote
		Of Medical	Rally		statue near		ayurvedic
		Plants			Beach,		medicine
					Puducherry		
9	14.10.2019	Ill Effects of e-	Essay	60	Conference	National Tobacco	How to
		Cigarettes	Competition		Hall, SGC	Control, Puducherry /	avoid e-
						SGC	cigarettes
10	16.10.2019	First Aid	Training	110	Conference	Sabari College of	Learnt the
		Programme	Programme		Hall, SGC	Nursing,	first aid
						Puducherry / SGC	manageme
							nt
11	23.10.2019	Deepavali	Festival	45	St.Xavier	Mr.Sivaramachandra	Celebrated
		Celebration			Home,	n, Coordinator of	Deepavali
					Thattanchav	IRCS, Puducherry	Festival
					ady,		with
					Puducherry		orphanage
							children
12	04.11.2019	Election	Awareness	15	Taluk	Govt. of Puducherry	Database
		Awareness	Programme		Office, near		Entry
		Programme			Election		program
					Department,		
					Puducherry		
13	07.11.2019	Plastic	Awareness	20	Gandhi	Mr.Sivaramachandra	Pamphlets
	3	Awareness	Program		statue near	n, Coordinator of	given to
		Program	110814111		Beach,	IRCS, Puducherry	public to
		riogiaili			Deacii,	inco, ruducileny	public to

					Puducherry		avoid
							plastics
14	07.11.2019	Plastic	Awareness	20	Velrampet	Mr.Sivaramachandra	Pamphlets
		Awareness	Program		Lake area,	n, Coordinator of	given to
		program			Puducherry	IRCS, Puducherry	public to
							avoid
							plastics
15	14.11.2019	Dengue	Reduction	20	Velrampet	Collector,	awareness
		Awareness	Awareness		Lake area,	Puducherry	on Dengue
		program	Rally		Puducherry		source
							reduction
16	31.12.2019	First AID	First Aid	5	Gandhi	Mr.Sivaramachandra	To avoid
		Awareness	Medical Camp		statue near	n, Coordinator of	accidents
		Programe to	for 2018		Beach,	IRCS, Puducherry	
		Public in the			Puducherry		
		New Year eve					
17	09.10.2020	Siddha Rally	Rally	25	Gandhi	Central Council for	To promote
		Programe			statue near	Research in Siddha,	Siddha
		A Pre-Siddha			Beach,	Ministry of Ayush,	Medicine
		Day Event			Puducherry	Government of India	
		from Central					
		Council for					
		Research in					
		Siddha,					
		Ministry of					
		Ayush,					
		Government of					
		India					
18	23.01.2020	Suicide	Awareness	85	Conference	Dr. Manjula simiyon,	To avert
		Prevention	program		Hall, SGC	Associate Professor,	suicide and
						Department of	consequenc
						Psychiatry,	es
						Pondicherry Institute	

						of Medical Sciences (PIMS), Pondicherry / SGC	
19	02.03.2020	Blood	Camp	65	Jipmer	Mr.Sivaramachandra	65units of
		Donation			Blood	n, Coordinator of	Blood were
		Camp			Donation	IRCS, Puducherry	donated by
					Bank		our
							volunteers
20	10.03.2020	Free Eye	Awareness	450	Jothi Eye	Mr.Sivaramachandra	abnormalit
		screening	Camp		Care	n, Coordinator of	y in eye
		camp			Centre,	IRCS, Puducherry	sight were
		(Students &			Puducherry		advised to
		Staffs)					consult the
							same
							Hospital
							opticians
21	11.03.2020	Corona	Awareness	4	Pondicherry	Mr.Sivaramachandra	Creating
		Awareness	Programme		Railway	n, Coordinator of	awareness
					Station	IRCS, Puducherry	among the
							Public
							about
							Corona
							Virus by
							giving
							pamphlets

**EVENTS/ACTIVITIES FOR THE YEAR 2020-21** 

Sl.	Date of the	Name of the	Type of the	No.of.	(Internal	<b>Distinguished Guests</b>	Major
No	event/	event/	event/	Particip	&		Outcome
	activity	activity	activity	ants	External)		
1	17.06.2020	COVID-19	Distribution	100	SGC	Mr.Sivaramachandran	YRC of
					Campus	, Coordinator of	SGC
						IRCS, Puducherry	distributed
							sanitizer,
							mask and
							pamphlets
							to the
							people of
							Velrampet
							area and
							staffs in
							SGC
2	26.06.2020	International	Competition	1	DIET,	Govt. of Puducherry	Drug
		Day Against			Puducherry		Prevention
		Drug Abuse					
		and Illicit					
		Tracking					
3	22.07.2020	COVID-19	Distribution	120	SGC	Mr.Sivaramachandran	YRC of
		Awareness			Campus	, Coordinator of	SGC
						IRCS, Puducherry	distributed
							Arsenic
							Album
							Homeopath
							y Medicine
							to staffs in
							SGC
4	10.12.2020	"First Aid"	Lecture	50	SGC	Mr. Arul, Nursing	To prevent
			cum		Campus	Officer, Jipmer	accident
			Demonstrati				
			on class				

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5	24.12.2020	COVID-19	Distribution	115	SGC	Mr.Sivaramachandran	YRC of
		Awareness			Campus	, Coordinator of	SGC
						IRCS, Puducherry	distributed
							Mask to our
							SGC staffs
							members
6	31.12.2020	On account of	Distribution	350	SGC	Mr.Sivaramachandran	YRC of
		COVID-19			Campus	, Coordinator of	SGC
						IRCS, Puducherry	distributed
							Kabasura
							Kudineer to
							our SGC
							staffs and
							students
							members
7	11.01.2021	On account of	Distribution	300	SGC	Mr.Sivaramachandran	YRC of
		COVID-19			Campus	, Coordinator of	SGC
						IRCS, Puducherry	distributed
							Vegetable
							Soup to our
							SGC staffs
							and students
							members
8	24.01.2021	Mega Job	Voluntary	15	Ministry of	Annai Sivagami	Promote
		Mela	Work		Labour	Government Govt.	placement
					Welfare,	Hr.Sec. School,	
					Puducherry	Muthaliarpet	
					/ SGC		
9	28.01.2021	National Road	"Sadak	20	Ministry of	S.P. Rachana Singh	20 girls
		Safety Month	Suraksha –		Road		students by
			Jeevan		Transport,		using two
			Raksha"-		Puducherry		wheelers
			"Road				raised their

			Safety-Life				voice for
			Safety"				road safety
			Saicty				to create
							awareness
							among
			_				people.
10	09.02.2021	"Sexual &	Awareness	85	SGC	Professor Annie and	Girl
		Reproductive	Program		Campus	Mrs. Lavanya,	students
		Awareness				Associate Professor,	Understand
		Day",				Department of	"Adolescent
						Obstetrics and	Counseling"
						Gynecological	and "Yoga
						Nursing, Kasturba	Therapy"
						Gandhi Nursing	
						College Balaji	
						Vidyapeeth,	
						Puducherry	
11	08.03.2021	International	Essay,	75	SGC	Mrs. Kalavishu,	Able to
		Women's Day	Poetry and		Campus	Social Worker	show their
			Drawing				inhibit
			Competition				talent and
							have got the
							prizes .
12	11.03.2021	International	Workshop	33	SGC	Mr. Arivazhagan,	Women
		Women's Day			Campus	Consultant, Bombay	faculties
		Celebrations				Stock Exchange	learnt
							Women
							Empowerm
							ent with
							Financial
							Freedom

#### MoU/ Collaborations/Sponsorships

1. Mr.O.Sivaramachandran

Senior Accounts Officer (Retd.)

Ex.Chairman IRCS

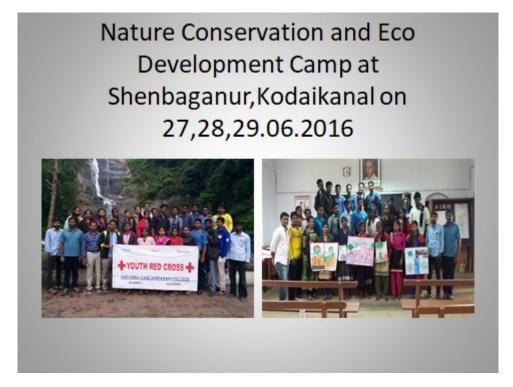
**Puducherry Branch** 

#### **Forthcoming Plans**

- 1. TREE PLANTATION
- 2. BLOOD DONATION CAMP
- 3. PLASTIC AWARENESS PROGRAM
- 4. DRUG AWARENESS PROGRAM
- 5. EYE AND DENTAL CHECK UP FOR STAFF AND STUDENTS

#### TABLES/EXHIBITS/IMAGES ETC.

2016-17



#### Human Rights One Day Training Programme at Shenbaga Hotel, Puducherry on 11.07.2016





World Population Day(Skit) Organized by Primary Health Center at Annai Sivagami School, Mudaliarpet, Puducherry on 23.07.2016





#### Volunteers Service For Medical Camp at vaasavi School, Muthiyalpet Puducherry on 01.08.2016





## Campus Cleaning at Saradha Gangadharan College, Puducherry on 06.08.2016





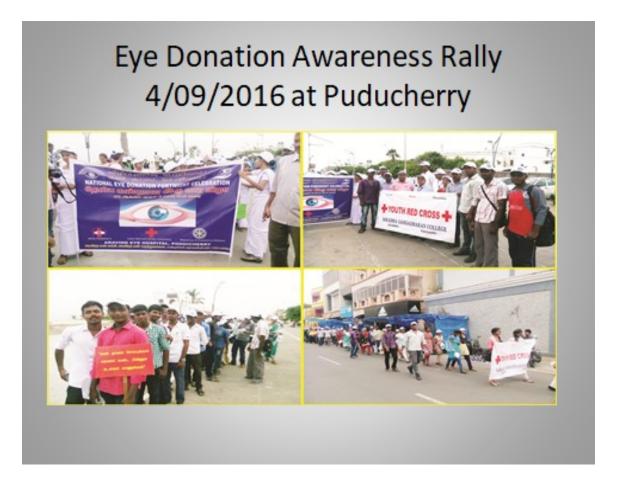
### Independence Day Celebration on 15.08.2016 at Gypsy Children's Home



Tree Planting at Saradha Gangadharan College on 15.08.2016













# Palliative Care field visit on 20/10/2016 at Ariyankuppam, Mudhaliarpet & Uppalam.











#### 2017-18

#### SGC Ideal Nursery - Sowing the Seed (01.07.2017)

we have an ideal Nursery for more than hundred saplings in our campus . Besides , we sow the seeds of many varieties of trees to promote green and clean campus



Noxious Weed Removal Unit (15.07.2017)

25 Volunteers from YRC of Saradha Gangadharan College removed the Noxious Weed (Prosopis Juliflora) in and around the college area on 15.07.2017 which is the main cause for the reduction of ground water level . Mr. Sivaramachandiran, Life member in Indian Red Cross Society, Puducherry state branch, felicitated the program.



Independence Day Celebration (15.08.2017)

 $50\,Volunteers$  from NSS, YRC and Rotaract Units of SGC Celebrated the  $71^{st}$  Independence Day at SGC Campus on 15.08.2017.



Tree Plantation at Velrampet Lake (26.08.2017)

100 Volunteers from NSS, YRC and Rotaract Club Volunteers of SGC participated in the Tree Plantation Programme at Velrampet Lake on 26.08.2017. Honourable Lt. Governor of Pondicherry presided the Programme and applicated the efforts of the students to make the area clean and green



#### Common Service (31.08.2017)

50 Volunteers from YRC attended a seminar on 'Common Service' at Conference Hall, Saradha Gangadharan College on 31.08.2017. Mr.B.Karthik, A member of Common Service Centre, Mudaliyarpet, delivered a Lecture on Common Services such as Aadhar Card, Pan Card, Passport etc..



Save River (31.08.2017)

Mr.K.Vijayan, Mr.Aravinth and their Team members from Isha Foundation, Puducherry presented a lecture on Save River at Conference Hall, Saradha Gangadharan College on 31.08.2017. . 50 Volunteers from SGC learnt the importance of saving water.



**Standathon on Save River (01.09.2017)** 

40 Volunteers from YRC attended standathon programme by holding flash cards at Mudaliyarpet on 01.09.2017 to promote 'Save River'



#### Tree plantation and Maintenance work at Velrampet Lake (13.09.2017)

30 YRC Volunteers participated in Tree Planting and Maintenance work in our college campus on 13.09.2017.



National Mental Health Programme (23.09.2017)

15 Volunteers from YRC attended National Mental Health Programme at Mother Theresa Institute of Medical Science, Gorimedu, Puducherry on 23.09.2017 organized by Govt. of Pondicherry to celebrate International Suicide Prevention Day



**Blood Donation Camp (05.10.2017)** 

YRC, RRC and Rotaract Club of SGC jointly conducted a Blood Donation Camp on 05.10.2017 at College Campus. 23 units of Blood were donated by our volunteers. Dr.J.Sukumar, Principal of SGC, Dr.S.Srinivasan, Director of SGC, Mr.Sivaramachandran, Coordinator of IRCS, Puducherry and Members of Rotary club of Pondicherry Aurocity presented during this programme



#### Awareness Programme on Traffic (13.10.2017)

YRC Unit of Saradha Gangadharan College organized an awareness programme on Traffic at Saradha Gangadharan College Campus on 13.10.2017. Mr.Ravisankar, Motor Vehicle Inspector, Transport Department, Govt. of Puducherry delivered a lecture and displayed videos on rules and importance of traffic. Dr.J.Sukumar, Principal of SGC, Dr.S.Srinivasan, Director of SGC and Mr.Sivaramachandran, Coordinator of IRCS, Puducherry spent their valuable presence during this programme. More than 100 students were participated.



#### Free Eye check-up camp on Traffic (16.10.2017)

YRC unit of SGC conducted a free Eye Check-up Camp for students and faculty members on 16.10.2017 at SGC Campus. Jothy Eye Care, Puducherry checked the eyes of 367 students and faculty members, 236 student's eye sight was found normal. Others were advised to consult the same hospital for consultation.



#### Distribution of Nilavembu Water (26.10.2017)

YRC Unit of SGC distributed 'Nilavembu Water' to the students and faculty members of SGC on 27.10.2017 to prevent Dengue fever. Dr.J.Sukumar, Principal of SGC, Dr.S.Srinivasan, Director of SGC and Mr.Sivaramachandran, Coordinator of IRCS, Puducherry spent their valuable presence and 400 students were benefited .



#### 15. National Mental Health Programme (26.10.2017)

5 YRC Volunteers participated in National Mental Health Programme on Mental stress organized by Govt. of Puducherry. at Mother Theresa Institute of Medical Science, Gorimedu, Puducherry on 26.10.2017.



#### 16. First Aid Medical Camp for New Year Celebration 2018 (31.12.2017)

5 YRC Volunteers participated in the First Medical Camp for New Year celebration at Beach Road, Puducherry on 31.12.2017. The Camp was organized by Indian Red Cross Society, Puducherry.



#### First Aid Training Camp on 20.03.2018

YRC Unit of Saradha Gangadharan Collge Conducted a First Aid Training Camp on 20.03.2018 at college premises for Students. Sabari College of Nursing, Puducherry trained more than 100 students on how to do first aid when there is any emergency, Dr.J.Sukumar, Principal of SGC, Dr.S.Srinivasan, Director of SGC, Mr.Sivaramachandiran, Coordinator of IRCS, Puducherry graced their valuable presence on this occasion. Dr.B.Kupuswamy, Coordinator, YRC Unit of SGC organised the event,



18. Pongal Celebration at Jwala Home (13.01.2018)

20 YRC Volunteers of Saradha Gangadharan College Celebrated Pongal Festival at JWALA home for mentally disabled child and women, Murungapakkam, Puducherry on 13.01.2018.



19. Awareness Programme of Red Cross Movement to Youth Red Cross Volunteers (27.01.2018)

Volunteers from YRC participated in the Awareness Programme of Red Cross Movement to YRC Volunteers on 27.01.2018 at Saradha Gangadharan College from 9am to 1pm, organized by IRCS, Puducherry. YRC Volunteers of other colleges also participated in the same. Dr.K.V.Raman (Secretary of IRCS cum Director of Health, Puducherry), Mr.R.M.Balasubramaniam (District Chairman, IRCS Cuddalore Dist. & Vice Chairman, IRCS, Tamil Nadu State Branch), Prof. Dr.V.Gopal (Chairman, Red Cross Society, Puducherry) and Mr.Sivaramachandran (State Coordinator of IRCS, Puducherry delivered a lecture to motivate the learners to do social activities.



#### 2018-19



YRC, RRC and ROTARACT Club of the Saradha Gangadharan College combined and conducted a blood donation camp through Jipmer Hospital on 28.8.18 at our college campus, 45 units of blood where donated by our volunteers. Dr.J.Sukumar, Principal of SGC, and Mr.Sivaramadhandran, Life member of IRCS, Puducherry gave their valuable presence during this programme.



### FREE DENTAL AND EYE CHECK UP CAMP

YRC unit of SGC conducted a free dental and eye check up camp for students and faculty members on 15.10.2018 at our SGC campus. The DENTAL and EYE check up camp was done by VASAN EYE CARE AND VASAN DENTAL CARE, Puducherry for 450 students and faculty members. Out of 450 students, 300 students eye sight was found normal. And also the remaining students those have abnormality in eye sight were advised to consult the same Hospital opticians.



## Distribution of Nilavembu Kashayam

YRC unit of SGC distributed 'Nilavembu Kashayam' to prevent Dengue fever to the student and faculty members of SGC on 27.10.2018. 400 students were benefited from this programme. Dr.J.Sukumar, Principal of SGC, and Mr. Sivaramachandran, Life Member of IRCS, Puducherry gave their valuable presence during this programme.



### **HIV AWARENESS**

80 Volunteers of YRC club of SGC students participated in HIV Awareness programme on 30.10.18 at Conference Hall, Saradha Gangadharan College and the special guest Mrs.Vidya Chandriga, Lecturer, Sabari College of Nursing gave the presentation to the students



### DIWALI CONTRIBUTION

All Volunteers of YRC have contributed money for sweets & household things to BABY SARAH'S HOME on occasion of DIWALI on 07.11.2018. Mr. Sivaramachandran, Life Member of IRCS, Puducherry distributed sweets to orphanage children with YRC Volunteers



#### **RED RIBBON CLUB**

Students from BBA & M.COM were participated in collage making and Skit Competition. They won 3<sup>rd</sup> place in street play conducted by Red Ribbon Club at Primary Health Centre, welfare Department on 07.08.2018





### SWATCH SEVA PROGRAMME

YRC students of Saradha Gangadharan College, has been particitated in Swatch Seva Programme Rally on 24.01.2019 was held in Sengazhani Amman kovil, kombakkam, Puducherry.



#### FIRST AID AWARENESS

YRC students of Saradha Gangadharan College has been participated in FIRST AID AWARENESS Programme on 04.02.2019 conducted by SABARI COLLEGE OF NURSING, Puducherry.



### **DENGUE SOURCE REDUCTION AWARENESS**

YRC students of Saradha Gangadharan College has been participated in Dengue Source Reduction Awareness Rally programme on 06.02.2019 conducted by Primary health center, Muthaliarpet, Puducherry.



#### FIRST AID MANAGEMENT TRAINING PROGRAM

YRC students of Saradha Gangadharan College has been participated in First Aid Management Training programme on 17.02.2019 conducted by Indian Red Cross Society, Cuddalore Branch.



11<sup>TH</sup> INTER STATE LEVEL (NATIONAL LEVEL) YRC TRAINING-CUM —STUDY
5 YRC Students and 1YRC Co-ordinator of Saradha Gangadharan College has been participated in 11<sup>TH</sup> INTER STATE
LEVEL (NATIONAL LEVEL) YRC TRAINING-CUM—STUDY organised by Karunya Conference Center, Coimbatore
(INDIAN RED CROSS SOCIETY), TAMILNADU BRANCH from 04.03.19 to 08.03.19



2019-20

#### BLOOD DONATION CAMP

51 Volunteers of YRC club of SGC students donated blood at Conference Hall, Saradha Gangadharan College on 06.06.2019



### YRC INAUGRATION

120 Volunteers of YRC club of SGC students participated in YRC Inauguration at Conference Hall, Saradha Gangadharan College on 16.07.2019



### NIBA AWARENESS PROGRAM

3 Volunteers of YRC club of SGC students participated in NIBA Awareness programme on 15.06.2019 near new Bus stand, Puducherry.



### INTERNATIONAL YOGA DAY IN BEACH

International Yoga Day which was conducted by Government of Puducherry on 21.06.2019. Our 4 YRC volunteers participated in yoga day at Gandhi Statue, Puduherry



RRC Students of Saradha Gangadharan college participated in an International Yoga Day Programme on 21.06.2019 conducted by Sri Ganapathi Sachchidharianda Gnana Bodha Sabha, Puducherry at our college



### **TOBACCO AWARENESS**

- 140 Volunteers of YRC club of SGC students participated in TOBACCO Awareness programme on 18.07.2019 at Conference Hall, Saradha Gangadharan College
- · Chief Guest Dr. R.Suriya kumar., State consultant, National Tobacco Control



- 96 Volunteers of YRC club of SGC participated in DRUG Awareness programme on 27.08.2019 at Conference Hall, SGC
- Chief Guest Dr.S.Indhira, M.D(S), Department of ISM and H, Puducherry presented her view on the ill effects of drug and how to overcome the problem.





#### INDIAN SYSTEM OF MEDICAL PLANTS AWARENESS RALLY

32 volunteers of YRC club of SGC, Students participated in Indian System of Medical Plants
Awareness Rally on 09.09.2019 at Gandhi statue near Beach, Puducherry



Ill effects of e-cigarettes - Essay Competition 60 students from SGC participated an essay competition on the Ill Effects of e-Cigarettes on 14.10.2019 at Conference Hall, Saradha Gangadharan College



### FIRST AID TRAINING PROGRAMME

110 Volunteers of YRC club of SGC students participated in First Aid Training Programme on 16.10.2019 at Conference Hall, Saradha Gangadharan College. First Aid Training Programme was conducted by Sabari College of Nursing



#### DEEPAVALI CELEBRATION

SGC YRC Volunteers celebrated their Deepavali Festival with orphanage children's at St.Xavier Home, Thattanchavady, Puducherry on 23.10.2019



#### ELECTION AWARENESS PROGRAMME

15 Volunteers of YRC club of SGC students participated in Election Database Entry program on 04.11.2019 to 06.11.19 at Taluk Office, near Election Department, Puducherry



#### PLASTIC AWARENESS PROGRAMME

20 Volunteers of YRC club of SGC students participated in Plastic Awareness program on 07.11.2019 at Gandhi statue near Beach, Puducherry



### FIRST AID AWARENESS PROGRAME

 On 31<sup>st</sup> December 2019, First AID Awareness Programe to Public in the New Year eve. Our YRC students of Saradha Gangadharan College are participated in the New Year eve.



### SIDDHA RALLY PROGRAME

 On 9<sup>th</sup> January 2020, Our YRC volunteers of SGC students have been participated in Rally for Siddha – A Pre-Siddha Day Event from Central Council for Research in Siddha, Ministry of Ayush, Government of India.



 Awareness program on Suicide Prevention was conducted in our college conference hall 2 on 3<sup>rd</sup> January 2020. Dr. Manjula simiyon, Associate Professor, Department of Psychiatry, Pondicherry Institute of Medical Sciences (PIMS), Pondicherry presented a lecture on the suicide and its impact in the modern society.



### FREE EYE SCREENING CAMP

 10.03.2020 Free Eye screening camp done by the JOTHI EYE CARE CENTRE join hands with Saradha Gangadharan College – Velrampet, Puducherry. Our students 652 are checked there eyes and 6 staff members of SGC are also checked there eyes.



#### 2020-21

On account of COVID-19 YRC/RRC of SGC distributed sanitizer, mask and pamphlets to the people of Velrampet area and staffs in SGC on 17.06.2020



### International Day Against Drug Abuse and Illicit Tracking



### Homeopathy Medicine to staffs in SGC on 22.07.2020



Conducted A lecture cum Demonstration class on "First Aid" for our Staff Members on 10.12.2020



## On account of COVID-19 YRC of SGC distributed Mask to our SGC staffs members on 24.12.2020



## On account of COVID-19 YRC of SGC distributed Kabasura Kudineer to our SGC staffs and students members on 31.12.2020



# On account of COVID-19 YRC of SGC distributed Vegetable Soup to our SGC staffs and students members on 11.01.2021



Ministry of Labour Welfare, Puducherry organized Mega Job Mela at Annai Sivagami Government Govt. Hr.Sec. School, Muthaliarpet on 24th January, 2021. 15 YRC students from our college done voluntary work in this program.



On account of National Road safety month from (18.01.2021 to 17.02.2021) on the theme of "Sadak Suraksha – Jeevan Raksha" which means Road Safety-Life Safety". From our college 20 girls students participated in Women's Two wheeler rally organised by Ministry of Road Transport, Puducherry on 28.01.2021



On account of "Sexual & Reproductive Awareness Day", Our Odiege conducted "Adolescent Counsiding" for 120 Nos. YRC violenteers girls students on 09.022021 organised by Kasturba Gandri Nursing College Balaij Mdyapedin, Fuductionny, Professor Amile Annal, Department of Obstetrics and Gynecological Nursing delivered Importance of Adolescent Health to girls students and Mrs. Lavanya, Associate Professor, Department of Obstetrics and Gynecological Nursing from Kastuba Nursing College provided "Yoga Therapy" to our girls students.



INTERNATIONAL WOMEN'S DAY: Youth Red Cross celebrated Women's Day on 08.03.2021 and conducted competitions like Essay, Drawing and Poetry on 01.03.2021. Prizes were distributed to the students (First and Second Prize).



As a part of the International Women's Day Celebrations, the **YOUTH RED CROSS of SGC** in association with Bombay Stock Exchange organised an Investor Awareness Workshops - Women Empowerment with Financial Freedom for Women faculties on Thursday, 11th March, 2021.



Dr.S.Pazhaniraja, Vice-Chairman and Dr.K.Uthayasuriyan, the Principal, distributed N95 facemasks and surgical facemasks to the faculties, ministerial staff, sweepers and security personnel on 08.07.2021,organised by YRC of SGC to protect themselves from COVID 19





YRC of SGC organized Vaccination Camp for teaching and non teaching staff in association With Murungapakkam Primary Health Centre, Puducherry on 01.10.2021 to make the environment as 100 percent free from COVID . Sheela, Nurse from Primary Health Centre, Coordinated the event.





To commemorate "WORLD AIDS DAY", YRC of Saradha Gangadharan college conducted a voluntary Blood Donation Camp on 11th December 2021. Dr.K.Uthayasuriyan,Principal ,inaugurated the camp. Dr. Mani and Dr Ashi, with their medical team, from IGMC&RI rendered medical assistance. 41 units of blood were donated. 2 girl and 39 boys donated blood. Mrs.R.A.Mageshwari,Program Officer. coordinated the event.



